



Sri Balaji

Action Medical Institute

Multi Speciality Hospital

Know Your Doctor

Dr. H. S. Chhabra

Unit Head, Sr. Consultant

Chief of Spine & Rehabilitation Centre

Sri Balaji Action Medical Institute, Paschim Vihar



Short Bio

Dr. H. S. Chhabra is one of the most highly acclaimed and accomplished spine surgeons in India. He has to his credit over 25 prestigious awards for his Research and outstanding contributions.

His areas of expertise in spine surgery are:

1. Robotic, Computer Navigated and O arm assisted Spine Surgery under Neuromonitoring
2. Minimally Invasive Spine (MIS) Surgeries including Microscopic and Endoscopic Spine Surgeries
3. Motion Preserving Spine Surgeries
4. Spine Deformity Surgeries

Education

MBBS, MS (Orthopaedics)

Experience

33+ years

- Currently associated as Chief of Spine and Rehabilitation Centre at Sri Balaji Action Medical Institute since April 2023.
- Chief of Spine Service at Indian Spinal Injuries Centre (1991 to 2023)
- Resident and Post Graduate Student for M.S. Orthopaedics – Central Institute of Orthopaedics, Safdarjung Hospital, New Delhi (August 1988 – June 1991)

Expertise

- I. Spine Surgery for any of the following indications:
 - Deformity (Scoliosis & Kyphosis) Correction
 - Cervical Spine Surgery- Anterior and Posterior

- Occipitocervical Surgeries
 - Spinal Fusion (TLIF, OLIF)
 - Spine trauma
 - Surgeries for Spinal Tuberculosis and Thoracic Myelopathy
 - Congenital Anomalies of Spine
 - Spine Tumor
 - Osteoporotic Vertebral Compression Fracture
- II. Comprehensive Rehabilitation

Memberships

- President, Spine Society Delhi Chapter
- President, Spinal Cord Society
- President, Association of National Board Accredited Institutions
- Chairman, Spine Wellness & Care Foundation
- Past President, Association of Spine Surgeons of India (2021-23)
- Past President - International Spinal Cord Society (2020-2021)
- Steering Committee Member, AO Spine Knowledge Forum Trauma
- Chairperson, Spine20, 2023 India
- Chairman, Spine Trauma Study group of International Spinal Cord Society

OPD Schedule

Mon, Wed, Fri 10:00 AM – 6:00 PM

For more
information,



call 011- 42 888 888